

Vermont Respite House

What: Vermont Respite House was founded in 1991 as a home-away-from home for people with terminal illness—a place where individuals can live the remainder of their days in peace, surrounded by the love of family and friends and the expertise of caregivers. A program of the Visiting Nurse Association of Chittenden and Grand Isle Counties, Vermont Respite House is currently the only home of its kind in Vermont.

When: Ascension makes an annual contribution to Respite House.

Who: Anna-Marie Carter is Ascension's liaison with Respite House.

How: Ascension makes an annual donation to Vermont Respite House. In recent years, the amount has been \$200. Over the 13 years leading up to 2009, Ascension has donated more than \$8,600 to Respite House. Each year, Respite House has an operating loss. It is dependent on contributions from the community to keep its doors open, refrigerator stocked, rooms painted and lights on.

Other opportunities to support Vermont Respite House are available.

- Participate in the Jiggety Jog, an annual 5K run (or walk, bike, skate board, roller blade)
- Donate goods (list of needed goods provided by Respite House)
- Volunteer (weekend and lunch shifts particularly needed)

Website: <http://www.vnacares.org/services/end-of-life-care/vermont-respite-house>