

## Vermont Respite House

**What:** Vermont Respite House was founded in 1991 as a home-away-from home for people with terminal illness—a place where individuals can live the remainder of their days in peace, surrounded by the love of family and friends and the expertise of caregivers. A program of the Visiting Nurse Association of Chittenden and Grand Isle Counties, Vermont Respite House is currently the only home of its kind in Vermont.

**When:** Ongoing  
Annual contribution in operating budget

**Who:** Cathy Gottschalk and Joe Oppenlander are Ascension's liaisons with Respite House.

**How:** Ascension's donation to Vermont Respite House for 2012 is \$530.00. Respite House operates at a loss each year and depends on community contributions to keep its doors open, refrigerator stocked, rooms painted, and lights on.

Opportunities to support Vermont Respite House are available.

- Participate in the Jiggety Jog, an annual 5K run (or walk, bike, skate board, roller blade)
- Donate goods (list of needed goods provided by Respite House)
- Volunteer (weekend and lunch shifts particularly needed)

Website: <http://www.vnacares.org/services/end-of-life-care/vermont-respite-house>